

Part of Barrhead and Neilston Sports and Arts Festival  
Your Community Your Festival

**Neilston Pad Race** Entry Form  
**(A Trail Race 4.5 miles)**  
Saturday 6<sup>th</sup> May 2.30pm  
Starts at Neilston Cattle Show

email [paul.mcdonagh1@virgin.net](mailto:paul.mcdonagh1@virgin.net)  
Call: 0141 881 9065

Held Under UK Athletics Rules.

A *scottish* athletics permit event

Name:

Address:

Postcode

Tel:

Mobile:

Email:

D.O.B

Age on day of race? (6<sup>th</sup> May)  
(Minimum age 16)

\_\_\_\_\_

Sex: Male Female  
(Please circle)

Emergency Contact

Name:

Tel:

Do you have any medical condition or are taking any medication that may affect your ability to take part in the race?

If so please specify

\_\_\_\_\_

Where did you get your Entry Form

\_\_\_\_\_

If you are sponsored how much have you raised and for what charity? (Information is for Charity Fundraiser Award)

\_\_\_\_\_

What is your predicted finishing time?

Disclaimer

I acknowledge that the information I have given on this form is correct and that the race I am about to participate in is at my own risk. I understand any injury or loss suffered during the event is my own responsibility and no other persons will be liable.

Your Signature:

\_\_\_\_\_  
Date: \_\_\_\_\_

Race Trophies and Prizes

Winner's Cup, Runner Up Cup, 3<sup>rd</sup> Place Cup, Ladies Trophy

The Over 50s, Over 40s and under 21 Shields for men and women

All entrants will receive:

A race medal, finishing certificate and goody bag

Entry Fees:

The money raised from entry fees will go towards organisational costs and to provide funds for next year

Members of Scottish Athletics pay **£6**

SAF Registration Number

Please give the name of your registered Athletics Club (if applicable)

\_\_\_\_\_

Non-Scottish Athletics Runners pay **£8**

Please indicate payment method

Cheque £

Postal order £

Payable to: Community Network

Please send your signed entry form with payment to:

Community Network, 18 Craighead Way, Barrhead, Glasgow, G78 2RS

Sponsored by:

The Community Network, Barrhead and Neilston Players and The Bon Accord Ale House